

Toronto Kendo Club's 21st Annual Summer Kendo camp

The Toronto Kendo Club's 21st Annual Summer Camp promises to be full of good spirit and fun for all. For this year's camp location, we will be in Peterborough for the training and tent camping. Sensei Kimura will be leading us in a weekend of spirit building, practice and development. He will hone basic Kendo principles and skills, as well as, introduce special techniques challenging Kenshi at all levels. Participants can also look forward to the 21st Annual Kendo Games & Kendo War.

All ages and levels (bogu & non-bogu) are welcome. Non-practicing family members are welcome to attend and take advantage of the other activities/events in the area and share mealtimes with the kendoka.

Space is limited, so please register early. Complete the Registration Form and send by July 26, 2019.

Date:

Friday August 2, 2019 to Monday August 5, 2019. - The first keiko is Friday at 7:00 PM.

Training Location:

Peterborough Sport and Wellness Centre
775 Brealey Drive,
Peterborough, Ontario,
K9K 0B8
705-742-0050

Camping Accommodations:

Beavermead Campground
2011 Ashburnham Drive,
Peterborough, Ontario
705-742-9712

Please note that this is the Civic Holiday long weekend and extra time should be allotted for traveling. Please see below map for directions to Beavermead Campsite.

Check-in is after 2:00 p.m. on the Friday - Check-out is prior to 1:00 p.m. the Monday

Meals:

Three meals will be provided each day at the camp as well as an evening ramen snack on Friday August 2, 2019. Please specify any food allergies or dietary restrictions when you register. (Menu TBA)

Registration Fee: Covers all camping & meals.

Traveling to Kendo Camp: If you're driving to Kendo Camp and have space for a passenger, please let us know so we can coordinate rides to the camp. There are also Greyhound buses from Toronto to Peterborough. If you choose this option, let us know and we will arrange to pick you up from the Peterborough Greyhound Station.

Pricing Kendo Participants: \$160.00 per person (please indicate if you're sharing a tent)

Pricing for Non-Kendo Participants: \$120.00 per person

For any questions, please contact the following:

Bill Leong Tel: 647-530-4403 (Cell) - bleong@toronto-kendo-club.ca

Anthony Walker: Alakhai@gmail.com

Sensei Kimura Tel: 416-248-8445 (Restaurant) / 905-271-0023 (Home)

Toronto Kendo Club's 21st Annual Summer Kendo Camp

Registration closes July 28, 2019

Please make cheques payable to: **Toronto Kendo Club**

CLUB Name:

Contact person:

Phone number:

Name	Rank	Phone / Email
1.		
<input type="checkbox"/> Have car <input type="checkbox"/> Need ride <input type="checkbox"/> Have Tent <input type="checkbox"/> Will Share Tent with: _____		
2.		
<input type="checkbox"/> Have car <input type="checkbox"/> Need ride <input type="checkbox"/> Have Tent <input type="checkbox"/> Will Share Tent with: _____		
3.		
<input type="checkbox"/> Have car <input type="checkbox"/> Need ride <input type="checkbox"/> Have Tent <input type="checkbox"/> Will Share Tent with: _____		
4.		
<input type="checkbox"/> Have car <input type="checkbox"/> Need ride <input type="checkbox"/> Have Tent <input type="checkbox"/> Will Share Tent with: _____		
Comments / Dietary restrictions: 		

If you're planning to arrive on the Friday before 5:30 PM, please indicate if you would like a light dinner before the keiko.

Email: bleong@toronto-kendo-club.ca

Tel: 647-530-4403

For More info & Updates: <http://www.toronto-kendo-club.ca/>

Mail to: **TKC Kendo Camp 2019**
c/o Bill Leong
11 Crang Ave.
Toronto, ON, M6E 2Z8

Suggested Items to Pack for Kendo Camp

The Kendo Camp will take place at Beavermead Campground. Please bring a tent or share with another kendoka. Don't forget to bring a sleeping bag. The camp spot we're using does not have electricity. So think about charging your devices at the training facility. Cars can enter to off load gear then should be moved to the parking lot. We are going to be there for 3 nights, so you will need to bring extra changes of clothes, extra undergarments, comfortable warm up clothes, and a sweater or jacket for the evenings.

Since this IS a kendo camp, be sure to remember your shinia (Including spares, repair tools, and other bits and bobs you might need), bokken, bogu, keikogi (and a spare if you have it), hakama, and at least 2 tenugui. Bring items to hang up your keikogi to air out & dry.

We will be doing some early morning warm-ups, so bring a pair of running shoes and water bottle. With 3 days of kendo, you may get blisters, so bring along some tape and a first aid kit.

We will also be doing regular entertainment activities, so prepared to entertain and be entertained.

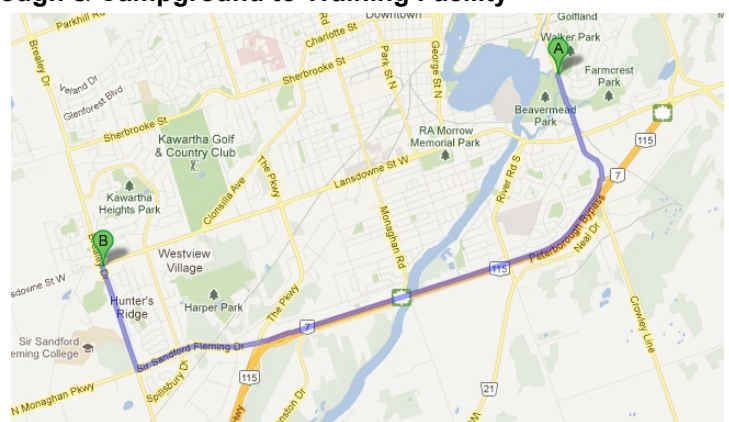
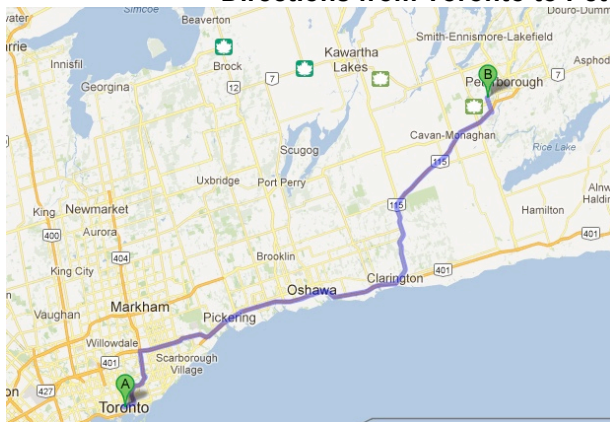
Tentative Schedule

Friday	Saturday	Sunday	Monday
7:00 PM Evening Keiko	Early AM Warm-Ups	Early AM Warm-Ups	Early AM Warm-Ups
9:30 PM Evening Ramen	9:30 AM -12:00 PM Kendo training	9:30 AM -12:00 PM Kendo training	9:00 AM Pack-up 10:00 AM Kendo Games
	2:30-5:00 PM Kendo training	2:30-5:00 PM Kendo training	11:00 – 12:00 PM Farewell BBQ

Items to pack for Kendo Camp Short List

PERSONAL ITEMS	Other Personal items	KENDO ITEMS
tooth brush & tooth paste / dental floss shampoo / soap wash cloth (if you use one) / towel deodorant misc hair products sun screen insect repellent	personal medicine / tylenol one roll toilet tissue; in ziplock bag 4 changes of clothes fresh undergarments Swim suit (we are by a lake with a beach) jacket or sweater sleeping bag	running shoes water bottle bogu (bring extra kote if you have them, and spare himo) keikogi (plus a spare if you have it) hakama bokken shinai (plus spares & fix tools)

Directions from Toronto to Peterborough & Campground to Training Facility



Check the websites for more info about the Gym Facilities and the Campground:

Training Location: <http://www.peterborough.ca/Living/Recreation/PSWC.htm>

Camping Accommodations: http://www.peterborough.ca/Visiting/Beavermead_Campground.htm