

Toronto Kendo Club's 21st Annual Summer Kendo Camp

Registration closes July 26, 2019

Please make cheques payable to: **Toronto Kendo Club**

CLUB Name:

Contact person:

Phone number:

Name	Rank	Phone / Email
1.		
<input type="checkbox"/> Have car <input type="checkbox"/> Need ride <input type="checkbox"/> Have Tent <input type="checkbox"/> Will Share Tent with: _____		
2.		
<input type="checkbox"/> Have car <input type="checkbox"/> Need ride <input type="checkbox"/> Have Tent <input type="checkbox"/> Will Share Tent with: _____		
3.		
<input type="checkbox"/> Have car <input type="checkbox"/> Need ride <input type="checkbox"/> Have Tent <input type="checkbox"/> Will Share Tent with: _____		
4.		
<input type="checkbox"/> Have car <input type="checkbox"/> Need ride <input type="checkbox"/> Have Tent <input type="checkbox"/> Will Share Tent with: _____		
Comments / Dietary restrictions: 		

If you're planning to arrive on the Friday before 5:30 PM, please indicate if you would like a light dinner before the keiko.

Email: bleong@toronto-kendo-club.ca

Tel: 416-391-7204 days (work)

For More info & Updates: <http://www.toronto-kendo-club.ca/>

Mail to: **TKC Kendo Camp 2019**
c/o Bill Leong
11 Crang Ave.
Toronto, ON, M6E 2Z8

Suggested Items to Pack for Kendo Camp

The Kendo Camp will take place at Beavermead Campground. Please bring a tent or share with another kendoka. Don't forget to bring a sleeping bag. The camp spot we're using does not have electricity. So think about charging your devices at the training facility. Cars can enter to off load gear then should be moved to the parking lot. We are going to be there for 3 nights, so you will need to bring extra changes of clothes, extra undergarments, comfortable warm up clothes, and a sweater or jacket for the evenings.

Since this IS a kendo camp, be sure to remember your shinia (Including spares, repair tools, and other bits and bobs you might need), bokken, bogu, keikogi (and a spare if you have it), hakama, and at least 2 tenugui. Bring items to hang up your keikogi to air out & dry.

We will be doing some early morning warm-ups, so bring a pair of running shoes and water bottle. With 3 days of kendo, you may get blisters, so bring along some tape and a first aid kit.

We will also be doing regular entertainment activities, so prepared to entertain and be entertained.

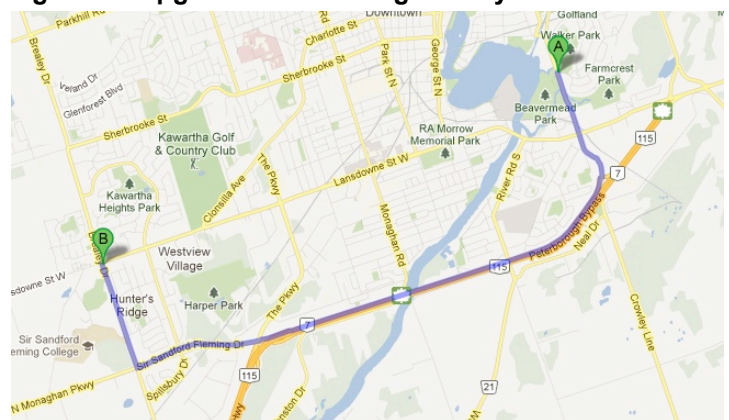
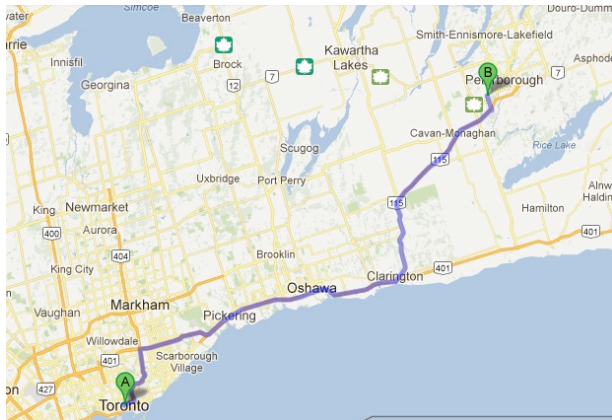
Tentative Schedule

Friday	Saturday	Sunday	Monday
7:00 PM Evening Keiko	Early AM Warm-Ups	Early AM Warm-Ups	Early AM Warm-Ups
9:30 PM Evening Ramen	9:30 AM -12:00 PM Kendo training	9:30 AM -12:00 PM Kendo training	9:00 AM Pack-up 10:00 AM Kendo Games
	2:30-5:00 PM Kendo training	2:30-5:30 PM Kendo training	11:00 – 12:00 PM Farewell BBQ

Items to pack for Kendo Camp Short List

PERSONAL ITEMS	Other Personal items	KENDO ITEMS
tooth brush & tooth paste / dental floss shampoo / soap wash cloth (if you use one) / towel deodorant misc hair products sun screen insect repellent	personal medicine / tylenol one roll toilet tissue; in ziplock bag 4 changes of clothes fresh undergarments Swim suit (we are by a lake with a beach) jacket or sweater sleeping bag	running shoes water bottle bogu (bring extra kote if you have them, and spare himo) keikogi (plus a spare if you have it) hakama bokken shinai (plus spares & fix tools)

Directions from Toronto to Peterborough & Campground to Training Facility



Check the websites for more info about the Gym Facilities and the Campground:

Training Location: <http://www.peterborough.ca/Living/Recreation/PSWC.htm>

Camping Accommodations: http://www.peterborough.ca/Visiting/Beavermead_Campground.htm